

アレルギー詳細献立表 (特支小)

令和 8年 3月 2日(月)

調理場名: 前橋市東部共同調理場

全てのアレルギー

コース名: B献立

| 料理名 | 材料名 | 卵 | 小麦 | 乳 | そば | えび | かに | ピーナッツ | くるみ | ごま | アーモンド | カシューナッツ | マカダミアナッツ | 大豆 | あわび | いか | いくら | さけ | さば | 牛肉 | 豚肉 | 鶏肉 | ゼラチン | オレジン | キウイフルーツ | もも | りんご | バナナ | 山芋 | その他の魚介類 | その他の果実 | 全てのアレルギー | | |
|---------|-------------|---|----|---|----|----|----|-------|-----|----|-------|---------|----------|----|-----|----|-----|----|----|----|----|----|------|------|---------|----|-----|-----|----|---------|--------|--------------------------|--------------|---|
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ち | ら |
| ちらしずし | ちらし寿司(混ぜ込み) | | × | | | | | | | | | | | × | | | | | | | | | | | | | | | | | × | 小麦,大豆,鶏肉,かつお風味調味料,煮干しエキス | | |
| 牛乳 | 牛乳(学校給食) | | | × | | | | | | | | | | | | | | | | | | | | | | | | | | | | 乳 | | |
| えびフライ | えびフライ | | × | | | × | | | | | | | | | | | | | | | | | | | | | | | | | | × | 小麦,えび,貝カルシウム | |
| | なたね油 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 野菜のあえもの | こまつな | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | ブラックマツペもやし | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | にんじん | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | 減塩和風ドレッシング | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | × | かつおぶしエキス, 魚醤 | |
| わかめのみそ汁 | 乾燥わかめ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | 冷凍とうふ | | | | | | | | | | | | | × | | | | | | | | | | | | | | | | | | | 大豆 | |
| | カット油揚げ | | | | | | | | | | | | | × | | | | | | | | | | | | | | | | | | | 大豆 | |
| | じゃがいも | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | にんじん | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | だいこん | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | 根深ねぎ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | 淡色辛みそ | | | | | | | | | | | | | × | | | | | | | | | | | | | | | | | | | 大豆 | |
| | 赤色辛みそ | | | | | | | | | | | | | × | | | | | | | | | | | | | | | | | | | 大豆 | |
| | かたくちいわし 煮干し | | | | | △ | △ | | | | | | | | | △ | | | △ | | | | | | | | | | | | × | かたくちいわし,△えび,△かに,△いか,△さば | | |
| 三色ゼリー | 三色ゼリー | | | | | | | | | | | | | × | | | | | | | | | | | | × | × | | | | | 大豆,もも,りんご | | |

×:原材料として使用 △:コンタミネーション

アレルギー詳細献立表 (特支小)

令和 8年 3月 4日(水)

調理場名: 前橋市東部共同調理場

全てのアレルギー

コース名: B献立

| 料理名 | 材料名 | 卵 | 小麦 | 乳 | そば | えび | かに | ピーナッツ | くるみ | ごま | アーモンド | カシューナッツ | マカダミアナッツ | 大豆 | あわび | いか | いくら | さけ | さば | 牛肉 | 豚肉 | 鶏肉 | ゼラチン | オレジン | キウイフルーツ | もも | りんご | バナナ | 山芋 | その他の魚介類 | その他の果実 | 全てのアレルギー | | | | |
|-----------|-----------------|---|----|---|----|----|----|-------|-----|----|-------|---------|----------|----|-----|----|-----|----|----|----|----|----|------|------|---------|----|-----|-----|----|---------|--------|----------|----|----------------------------|--------|-----------------|
| 麦ごはん | 押し麦ご飯(炊き込み) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 牛乳 | 牛乳(学校給食) | | | × | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 乳 | | |
| ハヤシライス | 豚肉 | | | | | | | | | | | | | | | | | | | | | × | | | | | | | | | | | 豚肉 | | | |
| | たまねぎ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | にんじん | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | さきしめじ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | おろしにんにく | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | トマトハヤシ(ハウス) | | × | × | | | | | | | | | × | | | | | | | | | | × | × | | | | | | | | | | 小麦,乳,大豆,豚肉,鶏肉 | | |
| | デミグラスソース | △ | × | △ | | △ | △ | △ | | | | | | | | | | | | | | | | | | | | | | | | | | 小麦,鶏肉,△卵,△乳,△えび,△かに,△ピーナッツ | | |
| | ウスターソース | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | 発酵バター 無塩バター | | | × | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 乳 | |
| | 野菜ブイヨン | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | 生クリーム | | | × | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 乳 | |
| コールスローサラダ | キャベツ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | きゅうり | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | スイートコーン 冷凍 カーネル | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | コールスロードレッシング | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | × | レモン果汁、パインアップル果汁 |
| ヨーグルト | ヨーグルト(Fe) | | | × | | | | | | | | | | | | | | | | | | | | × | | | | | | | | | | | 乳,ゼラチン | |

×:原材料として使用 △:コンタミネーション

アレルギー詳細献立表 (特支小)

令和 8年 3月 6日(金)

調理場名: 前橋市東部共同調理場

全てのアレルギー

コース名: B献立

| 料理名 | 材料名 | 卵 | 小麦 | 乳 | そば | えび | かに | ピーナッツ | くるみ | ごま | アーモンド | カシューナッツ | マカダミアナッツ | 大豆 | あわび | いか | いくら | さけ | さば | 牛肉 | 豚肉 | 鶏肉 | ゼラチン | オレジン | キウイフルーツ | もも | りんご | バナナ | 山芋 | その他の魚介類 | その他の果実 | 全てのアレルギー | | |
|----------|----------------|---|----|---|----|----|----|-------|-----|----|-------|---------|----------|----|-----|----|-----|----|----|----|----|----|------|------|---------|----|-----|-----|----|---------|--------|----------|---------------------------------|-------------|
| ごはん | 白飯 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 牛乳 | 牛乳(学校給食) | | | × | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 乳 |
| 赤魚の白醤油焼き | 赤魚の白醤油焼き | | | × | | | | | | △ | | | | × | | △ | | △ | △ | | | | | | | | △ | | | × | | | 小麦,大豆,あかうお,△ごま,△いか,△さけ,△さば,△りんご | |
| 海藻ツナサラダ | きゅうり | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | キャベツ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | 海藻ミックス | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | ツナ缶詰 水煮フレークライト | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | × | きはだまぐろ |
| | 減塩和風ドレッシング | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | × | かつおぶしエキス、魚醤 |
| おつきりこみ | 豚肉 | | | | | | | | | | | | | | | | | | | | | × | | | | | | | | | | | | 豚肉 |
| | 冷凍ほうとうめん | | △ | × | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 小麦,△卵 |
| | にんじん | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | えのきたけ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | 根深ねぎ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | はくさい | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | だいこん | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | ごぼう | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | 油揚げ | | | | | | | | | △ | | | | × | | | | | | | | | | | | | | | △ | | | | | 大豆,△ごま,△山芋 |
| | 顆粒和風だし | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | × | かつおぶし |
| | こいくちしょうゆ | | | × | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 小麦,大豆 |
| | 清酒 上撰 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | 本みりん | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | なたね油 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| まえばし | ふりかけ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | ふりかけ 前橋産野菜 | | | | | | △ | △ | | | | | | | | | | | | | | | | | | | | | | | | | | △えび,△かに |

×:原材料として使用 △:コンタミネーション

アレルギー詳細献立表 (特支小)

令和 8年 3月10日(火)

調理場名: 前橋市東部共同調理場

全てのアレルギー

コース名: B献立

| 料理名 | 材料名 | 卵 | 小麦 | 乳 | そば | えび | かに | ピーナッツ | くるみ | ごま | アーモンド | カシューナッツ | マカダミアナッツ | 大豆 | あわび | いか | いくら | さけ | さば | 牛肉 | 豚肉 | 鶏肉 | ゼラチン | オレジン | キウイフルーツ | もも | りんご | バナナ | 山芋 | その他の魚介類 | その他の果実 | 全てのアレルギー | |
|---------|-----------------|---|----|---|----|----|----|-------|-----|----|-------|---------|----------|----|-----|----|-----|----|----|----|----|----|------|------|---------|----|-----|-----|----|---------|--------|---------------------------------------|------------------|
| ごはん | 白飯 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ジョアプレーン | ジョアプレーン | | | × | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 乳 |
| ヒレカツ | 豚ヒレカツ | | △ | × | △ | | | | | △ | | | | × | | | | | | | △ | × | △ | △ | | | △ | | | | | 小麦,大豆,豚肉,△卵,△乳,△ごま,△牛肉,△鶏肉,△ゼラチン,△りんご | |
| | なたね油 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| コーンサラダ | キャベツ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | きゅうり | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | スイートコーン 冷凍 カーネル | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | 減塩和風ドレッシング | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | × | | かつおぶしエキス、魚醤 |
| チキンカレー | 若どりもも 皮つき | | | | | | | | | | | | | | | | | | | | | | | × | | | | | | | | | 鶏肉 |
| | 若どりむね 皮つき | | | | | | | | | | | | | | | | | | | | | | | × | | | | | | | | | 鶏肉 |
| | じゃがいも | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | たまねぎ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | にんじん | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | おろししょうが | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | おろしにんにく | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | カレールウ(SB甘口) | | × | × | | | | | | | | | × | | | | | | | | | | | × | × | | | | | × | | | 小麦,乳,大豆,豚肉,鶏肉,山芋 |
| | カレールウ(SB中辛) | | × | × | | | | | | | | | × | | | | | | | | | | | × | × | | | | | × | | | 小麦,乳,大豆,豚肉,鶏肉,山芋 |
| | カレールウ(TO) | | × | | | | | | | | | | △ | | | | | | | | | | | △ | △ | | | | | | | | 小麦,△大豆,△豚肉,△鶏肉 |
| | カレー粉 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | × | | ちんぴ |
| | トマトケチャップ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | ウスターソース | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | なたね油 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

×:原材料として使用 △:コンタミネーション

アレルギー詳細献立表 (特支小)

令和 8年 3月11日(水)

調理場名: 前橋市東部共同調理場

全てのアレルギー

コース名: B献立

| 料理名 | 材料名 | 卵 | 小麦 | 乳 | そば | えび | かに | ピーナッツ | くるみ | ごま | アーモンド | カシューナッツ | マカダミアナッツ | 大豆 | あわび | いか | いくら | さけ | さば | 牛肉 | 豚肉 | 鶏肉 | ゼラチン | オレジン | キウイフルーツ | もも | りんご | バナナ | 山芋 | その他の魚介類 | その他の果実 | 全てのアレルギー | | | | | |
|--------------|-------------|---|----|---|----|----|----|-------|-----|----|-------|---------|----------|----|-----|----|-----|----|----|----|----|----|------|------|---------|----|-----|-----|----|---------|--------|----------|--|--|--|--|--|
| 小こめ | こめ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| こめ | こめ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 牛乳 | 牛乳(学校給食) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| チーズオムレツ | チーズオムレツ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| グリーンサラダ | キャベツ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | きゅうり | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | 減塩和風ドレッシング | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| スパゲッティミートソース | マカロニ・スパゲッティ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | 豚ひき肉 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | 乾燥大豆ミンチ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | たまねぎ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | にんじん | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | ピーマン | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | エリンギ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | カットホールトマト | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | トマトケチャップ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | トマトピューレー | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | ウスターソース | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | おろしにんにく | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | 清酒 上撰 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | 食塩 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | 白こしょう | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | なたね油 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

×:原材料として使用 △:コンタミネーション

アレルギー詳細献立表 (特支小)

令和 8年 3月16日(月)

調理場名: 前橋市東部共同調理場

全てのアレルギー

コース名: B献立

| 料理名 | 材料名 | 卵 | 小麦 | 乳 | そば | えび | かに | ピーナッツ | くるみ | ごま | アーモンド | カシューナッツ | マカダミアナッツ | 大豆 | あわび | いか | いくら | さけ | さば | 牛肉 | 豚肉 | 鶏肉 | ゼラチン | オレジン | キウイフルーツ | もも | りんご | バナナ | 山芋 | その他の魚介類 | その他の果実 | 全てのアレルギー | | |
|-----------|--------------|---|----|---|----|----|----|-------|-----|----|-------|---------|----------|----|-----|----|-----|----|----|----|----|----|------|------|---------|----|-----|-----|----|---------|--------|--------------------|--------------------|----|
| ラーメン | 中華めん ゆで | | × | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 小麦 | | |
| 牛乳 | 牛乳(学校給食) | | | × | | | | | | | | | | | | | | | | | | | | | | | | | | | | 乳 | | |
| いかメンチ | いかメンチ | | △ | × | △ | △ | | | | | | | | × | | × | | | | | | | | | | | | | | | | 小麦,大豆,いか,△卵,△乳,△えび | | |
| | なたね油 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 小松菜の中華あえ | キャベツ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | こまつな | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | にんじん | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | ごま(いり・白) | | | | | | | | | × | | | | | | | | | | | | | | | | | | | | | | | ごま | |
| | 上白糖 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | こいくちしょうゆ(1L) | | × | | | | | | | | | | | × | | | | | | | | | | | | | | | | | | | 小麦,大豆 | |
| | 穀物酢 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | ごま油 | | | | | | | | | × | | | | | | | | | | | | | | | | | | | | | | | | ごま |
| みそラーメンスープ | 豚ひき肉 | | | | | | | | | | | | | | | | | | | | | × | | | | | | | | | | | 豚肉 | |
| | 乾燥大豆ミンチ | | | | | | | | | | | | | × | | | | | | | | | | | | | | | | | | | 大豆 | |
| | なると | | | | | △ | △ | | | | | | | | | | | | | | | | | | | | | | | × | | | スケソウダラ,イヨリ,△えび,△かに | |
| | にんじん | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | はくさい | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | ブラックマッペもやし | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | 根深ねぎ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | にら | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | おろしにんにく | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | しょうが | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | 赤色辛みそ | | | | | | | | | | | | | × | | | | | | | | | | | | | | | | | | | | 大豆 |
| | がらスープチキン(液体) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 鶏肉 |
| | 鶏豚湯 | | | × | | | | | | | | | | × | | | | | | | | × | × | | | | | | | | | | 小麦,大豆,豚肉,鶏肉 | |
| | 中華スープの素 | | | | | | | | | × | | | | × | | | | | | | | × | × | | | | | | × | | | | ごま,大豆,豚肉,鶏肉,魚醤パウダー | |
| | トウバンジャン | | | | | | | | | | | | | × | | | | | | | | | | | | | | | | | | | 大豆 | |
| | 白こしょう | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | ごま油 | | | | | | | | | × | | | | | | | | | | | | | | | | | | | | | | | | ごま |
| | なたね油 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 豆乳プリン | 豆乳プリン | | | | | | | | | | | | | × | | | | | | | | | | | | | | | | | | | 大豆,貝カルシウム | |

×:原材料として使用 △:コンタミネーション

アレルギー詳細献立表 (特支小)

令和 8年 3月18日(水)

調理場名: 前橋市東部共同調理場

全てのアレルギー

コース名: B献立

| 料理名 | 材料名 | 卵 | 小麦 | 乳 | そば | えび | かに | ピーナッツ | くるみ | ごま | アーモンド | カシューナッツ | マカダミアナッツ | 大豆 | あわび | いか | いくら | さけ | さば | 牛肉 | 豚肉 | 鶏肉 | ゼラチン | オレジン | キウイフルーツ | もも | りんご | バナナ | 山羊 | その他の魚介類 | その他の果実 | 全てのアレルギー | |
|-------|--------------|---|----|---|----|----|----|-------|-----|----|-------|---------|----------|----|-----|----|-----|----|----|----|----|----|------|------|---------|----|-----|-----|----|---------|--------|---|--------------------|
| ごはん | 白飯 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 牛乳 | 牛乳(学校給食) | | | × | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 乳 |
| しゅうまい | 肉しゅうまい | △ | × | △ | | △ | | | | × | | | | × | | | | | △ | △ | × | × | △ | | | | △ | | | | | 小麦,ごま,大豆,豚肉,鶏肉,△卵,△乳,△えび,△さば,△牛肉,△ゼラチン,△りんご | |
| パン | パンジーサラダ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | きゅうり | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | ブラックマッペもやし | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | にんじん | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | とりささみ サラダ用 | | | | | | | | | | | | | | | | | | | | | | | × | | | | | | | | 鶏肉 | |
| | パンパンジードレッシング | | × | | | | | | | × | | | | × | | | | | | | | | | | | | | | | | | | 小麦,ごま,大豆 |
| 八宝菜 | 豚肉 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 豚肉 | |
| | あかいか | | | | | △ | | | | | | | | | | × | | | | | | | | | | | | | | | | | いか,△えび |
| | うずら卵 水煮缶詰 | × | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 卵 | |
| | なると | | | | | △ | △ | | | | | | | | | | | | | | | | | | | | | | | | | × | スケツダラ,イトヨリ,△えび,△かに |
| | はくさい | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | たまねぎ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | にんじん | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | チンゲンサイ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | おろししょうが | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | おろしにんにく | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | 干しいたけ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | 清酒 上撰 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | オイスターソース | | × | | | | | | | | | | | × | | | | | | | | | | | | | | | | | | × | 小麦,大豆,かき |
| | こいくちしょうゆ | | × | | | | | | | | | | | × | | | | | | | | | | | | | | | | | | | 小麦,大豆 |
| | 中華スープの素 | | | | | | | | | × | | | × | | | | | | | | | × | × | | | | | | | | × | | ごま,大豆,豚肉,鶏肉,魚醤パウダー |
| | 食塩 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | 白こしょう | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | 片栗粉 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | なたね油 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | ごま油 | | | | | | | | | × | | | | | | | | | | | | | | | | | | | | | | | ごま |

×:原材料として使用 △:コンタミネーション

アレルギー詳細献立表 (特支小)

令和 8年 3月23日(月)

調理場名: 前橋市東部共同調理場

全てのアレルギー

コース名: B献立

| 料理名 | 材料名 | 卵 | 小麦 | 乳 | そば | えび | かに | ピーナッツ | くるみ | ごま | アーモンド | カシューナッツ | マカダミアナッツ | 大豆 | あわび | いか | いくら | さけ | さば | 牛肉 | 豚肉 | 鶏肉 | ゼラチン | オレジン | キウイフルーツ | もも | りんご | バナナ | 山羊 | その他の魚介類 | その他の果実 | 全てのアレルギー | | | |
|------------|----------------|---|----|---|----|----|----|-------|-----|----|-------|---------|----------|----|-----|----|-----|----|----|----|----|----|------|------|---------|----|-----|-----|----|---------|--------|----------|---|----------------------------|----|
| ごはん | 白飯 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 牛乳 | 牛乳(学校給食) | | | × | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 乳 | |
| 厚焼き | たまご | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | 厚焼きたまご (Fe,Ca) | × | × | △ | | △ | △ | | | △ | | | | × | | | | | △ | | △ | △ | | | | | △ | | | × | | | 卵,小麦,大豆,かつおだし,△乳,△えび,△かに,△ごま,△さば,△豚肉,△鶏肉,△りんご | | |
| 切り干し大根の含め煮 | 切干しだいこん | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | にんじん | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | カット油揚げ | | | | | | | | | | | | | × | | | | | | | | | | | | | | | | | | | | 大豆 | |
| | 三温糖 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | こいくちしょうゆ | | × | | | | | | | | | | | × | | | | | | | | | | | | | | | | | | | | 小麦,大豆 | |
| | 顆粒和風だし | | | | | | | | | | | | | | | | | | | | | | | | | | | | | × | | | | かつおぶし | |
| | なたね油 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| tonton汁 | 豚肉 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 豚肉 | |
| | 冷凍とうふ(鉄) | | | | | | | | | | | | | × | | | | | | | | | | | | | | | | | | | | 大豆 | |
| | すいとん(地粉) | | × | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 小麦 | |
| | 冷凍ミートボール(鉄) | △ | △ | △ | | △ | △ | | | | | | | × | | | | | | | | | × | × | | | | | | | | | | 大豆,豚肉,鶏肉,△卵,△小麦,△乳,△えび,△かに | |
| | こんにゃく | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | じゃがいも | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | にんじん | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | ごぼう | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | 根深ねぎ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | こまつな | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | さきしめじ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | 無発酵バター 有塩バター | | | × | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 乳 |
| | しょうが | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | 清酒 上撰 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | 淡色辛みそ | | | | | | | | | | | | | × | | | | | | | | | | | | | | | | | | | | | 大豆 |
| | 赤色辛みそ | | | | | | | | | | | | | × | | | | | | | | | | | | | | | | | | | | | 大豆 |
| | 顆粒和風だし | | | | | | | | | | | | | | | | | | | | | | | | | | | | | × | | | | かつおぶし | |

×:原材料として使用 △:コンタミネーション

アレルギー詳細献立表 (特支小)

令和 8年 3月25日(水)

調理場名: 前橋市東部共同調理場

全てのアレルギー

コース名: B献立

| 料理名 | 材料名 | 卵 | 小麦 | 乳 | そば | えび | かに | ピーナッツ | くるみ | ごま | アーモンド | カシューナッツ | マカダミアナッツ | 大豆 | あわび | いか | いくら | さけ | さば | 牛肉 | 豚肉 | 鶏肉 | ゼラチン | オレジン | キウイフルーツ | もも | りんご | バナナ | 山芋 | その他の魚介類 | その他の果実 | 全てのアレルギー | | | | |
|----------|----------------|---|----|---|----|----|----|-------|-----|----|-------|---------|----------|----|-----|----|-----|----|----|----|----|----|------|------|---------|----|-----|-----|----|---------|--------|----------|--|-------|----------------------------------|-------|
| ごはん | 白飯 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 牛乳 | 牛乳(学校給食) | | | × | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 乳 | | |
| かいたまあんかけ | フヨウハイ(丸型) | | × | × | △ | | △ | × | | | × | | | × | | | | | | △ | △ | △ | × | | | | △ | | | | | | 卵,小麦,かに,ごま,大豆,鶏肉,△乳,△えび,△さば,△牛肉,△豚肉,△りんご | | | |
| | 根深ねぎ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | トマトケチャップ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | 三温糖 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | 穀物酢 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | こいくちしょうゆ | | × | | | | | | | | | | | × | | | | | | | | | | | | | | | | | | | | 小麦,大豆 | | |
| | ごま油 | | | | | | | | | | × | | | | | | | | | | | | | | | | | | | | | | | | ごま | |
| | 片栗粉 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | 水 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ツナサラダ | きゅうり | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | キャベツ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | にんじん | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | ツナ缶詰 水煮フレークライト | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | きはだまぐろ | |
| | 香味中華ドレッシング | | × | | | | | | | | × | | | × | | | | | | | | | × | | | | | | | | | | | | 小麦,ごま,大豆,豚肉 | |
| 豆腐チゲ | 若どりもも 皮つき | | | | | | | | | | | | | | | | | | | | | | | × | | | | | | | | | | | 鶏肉 | |
| | にんじん | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | だいこん | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | にら | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | はくさい | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | 根深ねぎ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | はくさい キムチ | | × | | | | | | | | △ | | | × | | △ | | | | | | | | | | | × | | △ | × | | | | | 小麦,大豆,りんご,おきあみエキス,魚醤,△ごま,△いか,△山芋 | |
| | 冷凍豆腐 | | | | | | | | | | | | | × | | | | | | | | | | | | | | | | | | | | | 大豆 | |
| | カット油揚げ | | | | | | | | | | | | | × | | | | | | | | | | | | | | | | | | | | | 大豆 | |
| | おろしにんにく | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | キムチの素 | | | | | | | | | | | | | × | | | | | | | | | | | | | × | | | | | | | | 大豆,りんご | |
| | 赤色辛みそ | | | | | | | | | | | | | × | | | | | | | | | | | | | | | | | | | | | 大豆 | |
| | ごま油 | | | | | | | | | | × | | | | | | | | | | | | | | | | | | | | | | | | | ごま |
| | なたね油 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | 顆粒和風だし | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | かつおぶし |
| | 清酒 上撰 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | トウバンジャン | | | | | | | | | | | | | × | | | | | | | | | | | | | | | | | | | | | 大豆 | |
| | こいくちしょうゆ | | × | | | | | | | | | | | × | | | | | | | | | | | | | | | | | | | | | 小麦,大豆 | |

×:原材料として使用 △:コンタミネーション