

アレルギー詳細献立表 (幼稚園)

令和 8年 7月 1日(水)  
 全てのアレルギー

調理場名：前橋市宮城共同調理場

| 料理名  | 材料名          | 卵 | 小麦 | 乳 | そば | えび | かに | ピーナッツ | くるみ | ごま | アーモンド | カシューナッツ | マカダミアナッツ | 大豆 | あわび | いか | いくら | さけ | さば | 牛肉 | 豚肉 | 鶏肉 | ゼラチン | オレンジ | キウイフルーツ | もも | りんご | バナナ | 山芋 | その他の魚介類 | その他の果実 | 全てのアレルギー                          |                       |    |  |
|------|--------------|---|----|---|----|----|----|-------|-----|----|-------|---------|----------|----|-----|----|-----|----|----|----|----|----|------|------|---------|----|-----|-----|----|---------|--------|-----------------------------------|-----------------------|----|--|
| うどん  | 学校給食用ゆでめん    |   | ×  |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        | 小麦                                |                       |    |  |
| 牛乳   | 牛乳 (学校給食)    |   |    | × |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        | 乳                                 |                       |    |  |
| かぼち  | やひき肉フライ      |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |                                   |                       |    |  |
|      | かぼちやひき肉フライ   | △ | ×  | △ |    | △  | △  |       |     |    |       |         |          | ×  |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        | 小麦, 大豆, 豚肉, りんご, △卵, △乳, △えび, △かに |                       |    |  |
|      | なたね油         |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |                                   |                       |    |  |
| 小松菜  | ごまあえ         |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |                                   |                       |    |  |
|      | こまつな         |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |                                   |                       |    |  |
|      | ブラックマッペもやし   |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |                                   |                       |    |  |
|      | にんじん         |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |                                   |                       |    |  |
|      | ごま (すり・白)    |   |    |   |    |    |    |       |     | ×  |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |                                   | ごま                    |    |  |
|      | 上白糖          |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |                                   |                       |    |  |
|      | こいくちしょうゆ(1L) |   | ×  |   |    |    |    |       |     |    |       |         |          | ×  |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |                                   | 小麦, 大豆                |    |  |
| なす入り | 肉うどん汁        |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |                                   |                       |    |  |
|      | 豚肉           |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |                                   | 豚肉                    |    |  |
|      | にんじん         |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |                                   |                       |    |  |
|      | たまねぎ         |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |                                   |                       |    |  |
|      | 根深ねぎ         |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |                                   |                       |    |  |
|      | なす           |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |                                   |                       |    |  |
|      | 干ししいたけ       |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |                                   |                       |    |  |
|      | 油揚げ          |   |    |   |    |    |    |       |     | △  |       |         |          |    | ×   |    |     |    |    |    |    |    |      |      |         |    |     |     | △  |         |        |                                   | 大豆, △ごま, △山芋          |    |  |
|      | なると          |   |    |   |    | △  | △  |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    | ×       |        |                                   | すけそうだら、いとより, △えび, △かに |    |  |
|      | こいくちしょうゆ     |   | ×  |   |    |    |    |       |     |    |       |         |          | ×  |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |                                   | 小麦, 大豆                |    |  |
|      | 清酒 上撰        |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |                                   |                       |    |  |
|      | 本みりん         |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |                                   |                       |    |  |
|      | さば節          |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |                                   |                       | さば |  |

×：原材料として使用 △：コンタミネーション

アレルギー詳細献立表 (幼稚園)

令和 8年 7月 2日(木)  
全てのアレルギー

調理場名：前橋市宮城共同調理場

| 料理名     | 材料名             | 卵 | 小麦 | 乳 | そば | えび | かに | ピーナッツ | くるみ | ごま | アーモンド | カシューナッツ | マカダミアナッツ | 大豆 | あわび | いか | いくら | さけ | さば | 牛肉 | 豚肉 | 鶏肉 | セラチン | オレンジ | キウイフルーツ | もも | りんご | バナナ | 山芋 | その他の魚介類 | その他の果実 | 全ての<br>アレルギー |            |   |             |  |
|---------|-----------------|---|----|---|----|----|----|-------|-----|----|-------|---------|----------|----|-----|----|-----|----|----|----|----|----|------|------|---------|----|-----|-----|----|---------|--------|--------------|------------|---|-------------|--|
|         |                 |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |              |            |   |             |  |
| パーカーハウス | パーカーハウス         |   | ×  | × |    |    |    |       |     |    |       |         |          | ×  |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |              | 小麦, 乳, 大豆  |   |             |  |
| 牛乳      | 牛乳 (学校給食)       |   |    | × |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |              | 乳          |   |             |  |
| ハンバーグ   | ハンバーグ           |   |    |   |    |    |    |       |     |    |       |         |          | ×  |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |              | 大豆, 豚肉, 鶏肉 |   |             |  |
|         | たまねぎ            |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |              |            |   |             |  |
|         | デミグラスソース        |   | ×  |   |    |    |    |       |     |    |       |         |          | ×  |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |              | ×          | 小麦, 大豆, 豚肉, 鶏肉, ワイン   |             |  |
|         | トマトケチャップ        |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |              |            |   |             |  |
|         | ウスターソース         |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |              |            |   |             |  |
|         | 上白糖             |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |              |            |   |             |  |
|         | なたね油            |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |              |            |   |             |  |
| コーン     | コーン             |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |              |            |   |             |  |
|         | キャベツ            |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |              |            |   |             |  |
|         | きゅうり            |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |              |            |   |             |  |
|         | スイートコーン 冷凍 カーネル |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |              |            |   |             |  |
|         | 減塩和風ドレッシング      |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |              |            | ×   | かつおぶしエキス、魚醤 |  |
| 星型      | マカロニ            |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |              |            |   |             |  |
|         | ウィンナー (ポーク・輪切り) | △ | △  | △ |    | △  |    |       |     |    | △     | △       |          | △  | △   | △  | △   | △  | △  | △  | △  | ×  | △    |      |         |    |     |     |    |         |        |              |            | 豚肉, △卵, △小麦, △乳, △えび, △ごま, △アーモンド, △大豆, △いか, △さけ, △さば, △牛肉, △鶏肉 |             |  |
|         | じゃがいも           |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |              |            |   |             |  |
|         | たまねぎ            |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |              |            |   |             |  |
|         | にんじん            |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |              |            |   |             |  |
|         | セロリ             |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |              |            |   |             |  |
|         | キャベツ            |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |              |            |   |             |  |
|         | マカロニ・星          |   |    | × |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |              |            |   | 小麦          |  |
|         | 野菜ブイヨン          |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |              |            |   |             |  |
|         | 食塩              |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |              |            |   |             |  |
|         | 白こしょう           |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |              |            |   |             |  |

アレルギー詳細献立表 (幼稚園)

令和 8年 7月 3日(金)

調理場名：前橋市宮城共同調理場

全てのアレルギー

| 料理名       | 材料名           | 卵 | 小麦 | 乳 | そば | えび | かに | ピーナッツ | くるみ | ごま | アーモンド | マカダミアナッツ | カシューナッツ | 大豆 | あわび | いか | いくら | さけ | さば | 牛肉 | 豚肉 | 鶏肉 | ゼラチン | オレジン | キウイフルーツ | もも | りんご | バナナ | 山芋 | その他の魚介類 | その他の果実 | 全てのアレルギー |  |  |        |
|-----------|---------------|---|----|---|----|----|----|-------|-----|----|-------|----------|---------|----|-----|----|-----|----|----|----|----|----|------|------|---------|----|-----|-----|----|---------|--------|----------|--|--|--------|
| ごはん       | 白飯            |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |  |        |
| 牛乳        | 牛乳 (学校給食)     |   |    | × |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  | 乳  |        |
| 焼きぎょうざ    | 地場産ぎょうざ       |   | △  | × | △  |    |    |       |     | ×  |       |          |         | ×  |     | △  |     |    | △  | △  | ×  | △  | △    |      |         |    | △   |     |    |         |        |          | 小麦, ごま, 大豆, 豚肉, △卵, △乳, △えび, △いか, △さば, △牛肉, △鶏肉, △ゼラチン, △りんご |  |        |
| チンジャオロースー | 豚肉            |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    | ×  |      |      |         |    |     |     |    |         |        |          | 豚肉   |  |        |
|           | ピーマン          |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |  |        |
|           | 赤ピーマン         |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |  |        |
|           | 黄ピーマン         |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |  |        |
|           | たけのこ水煮 (短冊)   |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |  |        |
|           | 根深ねぎ          |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |  |        |
|           | おろししょうが       |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |  |        |
|           | みじん切りにんにく     |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |  |        |
|           | ごま油           |   |    |   |    |    |    |       |     | ×  |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  | ごま                                       |        |
|           | 中華スープの素       |   |    |   |    |    |    |       |     | ×  |       |          |         |    | ×   |    |     |    |    |    |    | ×  | ×    |      |         |    |     |     |    |         | ×      |          |  | ごま, 大豆, 豚肉, 鶏肉, 魚醤パウダー                   |        |
|           | オイスターソース      |   | ×  |   |    | △  |    |       |     |    |       |          |         |    | ×   |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         | ×      |          |  | 小麦, 大豆, かき, △かに                          |        |
|           | こいくちしょうゆ      |   | ×  |   |    |    |    |       |     |    |       |          |         |    | ×   |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  | 小麦, 大豆                                   |        |
|           | 清酒 上撰         |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |  |        |
|           | 三温糖           |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |  |        |
|           | 片栗粉           |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |  |        |
|           | なたね油          |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |  |        |
| とうがんのスープ  | 鶏つみれ          |   | △  | × |    |    |    |       |     | △  |       |          |         |    | ×   |    |     |    |    |    |    | △  | △    | ×    |         |    | △   | △   |    |         |        |          |  | 小麦, 大豆, 鶏肉, △卵, △ごま, △牛肉, △豚肉, △もも, △りんご |        |
|           | 冷凍とうふ         |   |    |   |    |    |    |       |     |    |       |          |         |    | ×   |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  | 大豆                                       |        |
|           | にんじん          |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |  |        |
|           | とうがん          |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |  |        |
|           | たまねぎ          |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |  |        |
|           | チンゲンサイ        |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |  |        |
|           | 干しいたけ         |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |  |        |
|           | こいくちしょうゆ      |   | ×  |   |    |    |    |       |     |    |       |          |         |    | ×   |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |  | 小麦, 大豆 |
|           | 食塩            |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |  |        |
|           | 鶏がらだし (丸鶏・顆粒) |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |  | 鶏肉     |
|           | なたね油          |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |  |        |

×：原材料として使用 △：コンタミネーション

アレルギー詳細献立表 (幼稚園)

令和 8年 7月 6日(月)

調理場名：前橋市宮城共同調理場

全てのアレルギー

| 料理名   | 材料名           | 卵 | 小麦 | 乳 | そば | えび | かに | ピーナッツ | くるみ | ごま | アーモンド | カシューナッツ | マカダミアナッツ | 大豆 | あわび | いか | いくら | さけ | さば | 牛肉 | 豚肉 | 鶏肉 | ゼラチン | オレンジ | キウイフルーツ | もも | りんご | バナナ | 山芋 | その他の魚介類 | その他の果実 | 全てのアレルギー |                         |   |    |
|-------|---------------|---|----|---|----|----|----|-------|-----|----|-------|---------|----------|----|-----|----|-----|----|----|----|----|----|------|------|---------|----|-----|-----|----|---------|--------|----------|-------------------------|---|----|
| ごはん   | 白飯            |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |                         |   |    |
| 牛乳    | 牛乳 (学校給食)     |   |    | × |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |                         | 乳                                       |    |
| 肉だんご  | たれつき肉だんご      |   | ×  |   |    |    |    |       |     | ×  |       |         |          | ×  |     |    |     |    |    |    | ×  | ×  |      |      |         |    | ×   |     |    |         |        |          | 小麦, ごま, 大豆, 豚肉, 鶏肉, りんご |   |    |
| 春雨サラダ | 緑豆はるさめ        |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |                         |   |    |
|       | きゅうり          |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |                         |   |    |
|       | ブラックマッペもやし    |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |                         |   |    |
|       | にんじん          |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |                         |   |    |
|       | 上白糖           |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |                         |   |    |
|       | こいくちしょうゆ (1L) |   | ×  |   |    |    |    |       |     |    |       |         |          | ×  |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |                         | 小麦, 大豆                                  |    |
|       | 穀物酢           |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |                         |   |    |
|       | ごま油           |   |    |   |    |    |    |       |     | ×  |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |                         |   | ごま |
| 豚キムチ  | 豚肉            |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    | ×  |      |      |         |    |     |     |    |         |        |          |                         | 豚肉                                      |    |
|       | おろしにんにく       |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |                         |   |    |
|       | おろししょうが       |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |                         |   |    |
|       | キャベツ          |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |                         |   |    |
|       | たまねぎ          |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |                         |   |    |
|       | にんじん          |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |                         |   |    |
|       | にら            |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |                         |   |    |
|       | 根深ねぎ          |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |                         |   |    |
|       | はくさい キムチ      |   | ×  |   |    |    |    |       |     | △  |       |         |          | ×  |     | △  |     |    |    |    |    |    |      |      |         |    |     | ×   |    | △       | ×      |          |                         | 小麦, 大豆, りんご, おきあみエキス, 魚醤, △ごま, △いか, △山芋 |    |
|       | キムチの素         |   |    |   |    |    |    |       |     |    |       |         |          | ×  |     |    |     |    |    |    |    |    |      |      |         |    | ×   |     |    |         |        |          |                         | 大豆, りんご                                 |    |
|       | 中華スープの素       |   |    |   |    |    |    |       |     | ×  |       |         |          | ×  |     |    |     |    |    |    |    | ×  | ×    |      |         |    |     |     |    |         |        |          |                         | ごま, 大豆, 豚肉, 鶏肉, 魚醤パウダー                  |    |
|       | こいくちしょうゆ      |   | ×  |   |    |    |    |       |     |    |       |         |          | ×  |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |                         | 小麦, 大豆                                  |    |
|       | 上白糖           |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |                         |   |    |
|       | なたね油          |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |                         |   |    |
|       | ごま油           |   |    |   |    |    |    |       |     | ×  |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |                         |   | ごま |
|       | 片栗粉           |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |                         |   |    |

×：原材料として使用 △：コンタミネーション

アレルギー詳細献立表 (幼稚園)

令和 8年 7月 7日(火)  
全てのアレルギー

調理場名：前橋市宮城共同調理場

| 料理名    | 材料名                  | 卵 | 小麦 | 乳 | そば | えび | かに | ピーナッツ | くるみ | ごま | アーモンド | カシューナッツ | マカダミアナッツ | 大豆 | あわび | いか | いくら | さけ | さば | 牛肉 | 豚肉 | 鶏肉 | ゼラチン | オレンジ | キウイフルーツ | もも | りんご | バナナ | 山芋 | その他の魚介類 | その他の果実 | 全てのアレルギー                     |                     |
|--------|----------------------|---|----|---|----|----|----|-------|-----|----|-------|---------|----------|----|-----|----|-----|----|----|----|----|----|------|------|---------|----|-----|-----|----|---------|--------|------------------------------|---------------------|
| ちらしずし  | ちらし寿司(混ぜ込み)          |   | ×  |   |    |    |    |       |     |    |       |         |          | ×  |     |    |     |    |    |    |    | ×  |      |      |         |    |     |     |    |         | ×      | 小麦, 大豆, 鶏肉, かつお風味調味料, 煮干しエキス |                     |
| 牛乳     | 牛乳(学校給食)             |   |    | × |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        | 乳                            |                     |
| 星型コロッケ | 星型コロッケ               | △ | ×  | △ |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    | ×  | ×    |      |         |    |     |     |    |         |        | 小麦, 豚肉, 鶏肉, △卵, △乳           |                     |
|        | なたね油                 |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |                              |                     |
| 枝豆     | きゅうりのあさづけ(冷凍) むぎえだまめ |   |    |   |    |    |    |       |     |    |       |         |          | ×  |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        | 大豆                           |                     |
|        | キャベツ                 |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |                              |                     |
|        | きゅうり                 |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |                              |                     |
|        | 食塩                   |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |                              |                     |
|        | あさづけの素               |   | ×  |   |    |    |    |       |     |    |       |         |          | ×  |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |                              | 小麦, 大豆              |
| 七夕すまし汁 | かまぼこ麺                |   | △  |   |    |    |    |       |     |    |       |         | △        |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         | ×      | たら, △小麦, △大豆, △豚肉            |                     |
|        | えのきたけ                |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |                              |                     |
|        | ぶなしめじ                |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |                              |                     |
|        | にんじん                 |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |                              |                     |
|        | だいこん                 |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |                              |                     |
|        | 根深ねぎ                 |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |                              |                     |
|        | 焼きふ星型                |   | ×  |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |                              | 小麦                  |
|        | こいくちしょうゆ             |   | ×  |   |    |    |    |       |     |    |       |         |          | ×  |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |                              | 小麦, 大豆              |
|        | 清酒 上撰                |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |                              |                     |
|        | 本みりん                 |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |                              |                     |
|        | 食塩                   |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |                              |                     |
|        | さば節                  |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |                              | さば                  |
| 七夕ゼリー  | 七夕ゼリー                |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        | ×                            | レモン果汁, ブドウ果汁, みかん果汁 |

×：原材料として使用 △：コンタミネーション

令和 8年 7月 8日(水)  
 全てのアレルギー

調理場名：前橋市宮城共同調理場

| 料理名       | 材料名             | 卵 | 小麦 | 乳 | そば | えび | かに | ピーナッツ | くるみ | ごま | アーモンド | カシューナッツ | マカダミアナッツ | 大豆 | あわび | いか | いくら | さけ | さば | 牛肉 | 豚肉 | 鶏肉 | セラチン | オレンジ | キウイフルーツ | もも | りんご | バナナ | 山芋 | その他の魚介類 | その他の果実 | 全てのアレルギー  |   |  |
|-----------|-----------------|---|----|---|----|----|----|-------|-----|----|-------|---------|----------|----|-----|----|-----|----|----|----|----|----|------|------|---------|----|-----|-----|----|---------|--------|---|---|--|
| こめっこぼん    | こめっこぼん          |   | ×  | × |    |    |    |       |     |    |       |         |          | ×  |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        | 小麦, 乳, 大豆   |   |  |
| 牛乳        | 牛乳 (学校給食)       |   |    | × |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        | 乳   |   |  |
| チキンのチーズ焼き | チキンチーズのオープン焼き   |   | ×  | × |    |    |    |       |     |    |       |         |          | ×  |     |    |     |    |    |    |    |    | ×    |      |         |    |     |     |    |         |        | 小麦, 乳, 大豆, 鶏肉   |   |  |
| ラタトゥイユ    | ベーコン ショルダー      |   | △  | △ | ×  |    | △  |       |     |    | △     | △       |          | ×  |     | △  |     | △  | △  | △  | ×  | △  |      |      |         |    |     |     |    |         |        | 乳, 大豆, 豚肉, △卵, △小麦, △えび, △ごま, △アーモンド, △いか, △さけ, △さば, △牛肉, △鶏肉 |   |  |
|           | 赤ピーマン           |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |   |   |  |
|           | 黄ピーマン           |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |   |   |  |
|           | なす              |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |   |   |  |
|           | ズッキーニ           |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |   |   |  |
|           | たまねぎ            |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |   |   |  |
|           | みじん切りにんにく       |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |   |   |  |
|           | カットホールトマト       |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      | △       |    |     |     |    |         |        |   | △もも   |  |
|           | トマトケチャップ        |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |   |   |  |
|           | 赤ワイン            |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         | ×      | ぶどう, エルダーベリー  |   |  |
|           | 上白糖             |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |   |   |  |
|           | 食塩              |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |   |   |  |
|           | 白こしょう           |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |   |   |  |
|           | バジル (乾燥)        |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |   |   |  |
|           | オリーブ油           |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         | ×      | オリーブ  |   |  |
| 野菜スープ     | ウィンナー (ポーク・輪切り) |   | △  | △ | △  |    | △  |       |     |    | △     | △       |          | △  |     | △  |     | △  | △  | △  | △  | ×  | △    |      |         |    |     |     |    |         |        |   | 豚肉, △卵, △小麦, △乳, △えび, △ごま, △アーモンド, △大豆, △いか, △さけ, △さば, △牛肉, △鶏肉 |  |
|           | にんじん            |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |   |   |  |
|           | たまねぎ            |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |   |   |  |
|           | じゃがいも           |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |   |   |  |
|           | キャベツ            |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |   |   |  |
|           | スイートコーン 冷凍 カーネル |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |   |   |  |
|           | 野菜ブイヨン          |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |   |   |  |
|           | 食塩              |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |   |   |  |
|           | 白こしょう           |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |   |   |  |

×：原材料として使用 △：コンタミネーション

アレルギー詳細献立表 (幼稚園)

令和 8年 7月 9日(木)  
全てのアレルギー

調理場名：前橋市宮城共同調理場

| 料理名      | 材料名             | 卵 | 小麦 | 乳 | そば | えび | かに | ピーナッツ | くるみ | ごま | アーモンド | カシューナッツ | マカダミアナッツ | 大豆 | あわび | いか | いくら | さけ | さば | 牛肉 | 豚肉 | 鶏肉 | ゼラチン | オレンジ | キウイフルーツ | もも | りんご | バナナ | 山芋 | その他の魚介類 | その他の果実 | 全てのアレルギー |  |   |                                   |        |           |
|----------|-----------------|---|----|---|----|----|----|-------|-----|----|-------|---------|----------|----|-----|----|-----|----|----|----|----|----|------|------|---------|----|-----|-----|----|---------|--------|----------|--|---|-----------------------------------|--------|-----------|
| ごはん      | 白飯              |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |   |                                   |        |           |
| 牛乳       | 牛乳 (学校給食)       |   |    | × |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |   | 乳                                 |        |           |
| ガバオ      | ライスの具           |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |   |                                   |        |           |
|          | 鶏ひき肉            |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      | ×    |         |    |     |     |    |         |        |          |  |   | 鶏肉                                |        |           |
|          | 乾燥大豆ミンチ         |   |    |   |    |    |    |       |     |    |       |         | ×        |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |   | 大豆                                |        |           |
|          | たまねぎ            |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |   |                                   |        |           |
|          | ピーマン            |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |   |                                   |        |           |
|          | 赤ピーマン           |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |   |                                   |        |           |
|          | スイートコーン 冷凍 カーネル |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |   |                                   |        |           |
|          | オイスターソース        |   | ×  |   |    |    | △  |       |     |    |       |         | ×        |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |   | 小麦, 大豆, かき, △かに                   |        |           |
|          | 三温糖             |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |   |                                   |        |           |
|          | こいくちしょうゆ        |   | ×  |   |    |    |    |       |     |    |       |         | ×        |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |   | 小麦, 大豆                            |        |           |
|          | 中華スープの素         |   |    |   |    |    |    |       |     | ×  |       |         | ×        |    |     |    |     |    |    |    |    |    | ×    | ×    |         |    |     |     |    |         |        |          |  | × | 小麦, 大豆, 豚肉, 鶏肉, 魚醤パウダー            |        |           |
|          | みじん切りにんにく       |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |   |                                   |        |           |
|          | なたね油            |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |   |                                   |        |           |
| ビーフンスープ  | 冷凍ミートボール (鉄)    |   | △  | △ | △  |    | △  | △     |     |    |       |         |          | ×  |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |   | 大豆, 豚肉, 鶏肉, △卵, △小麦, △乳, △えび, △かに |        |           |
|          | にんじん            |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |   |                                   |        |           |
|          | たまねぎ            |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |   |                                   |        |           |
|          | チンゲンサイ          |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |   |                                   |        |           |
|          | だいこん            |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |   |                                   |        |           |
|          | キャベツ            |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |   |                                   |        |           |
|          | 干しいたけ           |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |   |                                   |        |           |
|          | ビーフン            |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |   |                                   |        |           |
|          | おろししょうが         |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |   |                                   |        |           |
|          | 鶏がらだし (丸鶏・顆粒)   |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |   |                                   | 鶏肉     |           |
|          | 食塩              |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |   |                                   |        |           |
|          | こいくちしょうゆ        |   | ×  |   |    |    |    |       |     |    |       |         |          | ×  |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |   |                                   | 小麦, 大豆 |           |
|          | 白こしょう           |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |   |                                   |        |           |
| 杏仁フルーツあえ | パイナップル缶詰        |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |   |                                   | ×      | パイナップル    |
|          | もも缶詰 果肉 黄肉種     |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     | ×   |    |         |        |          |  |   |                                   | もも     |           |
|          | 杏仁豆腐            |   |    | × |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |   |                                   | ×      | 乳, 杏仁パウダー |

×：原材料として使用 △：コンタミネーション

アレルギー詳細献立表 (幼稚園)

令和 8年 7月10日(金)

調理場名：前橋市宮城共同調理場

全てのアレルギー

| 料理名  | 材料名           | 卵 | 小麦 | 乳 | そば | えび | かに | ピーナッツ | くるみ | ごま | アーモンド | マカダミアナッツ | カシューナッツ | 大豆 | あわび | いか | いくら | さけ | さば | 牛肉 | 豚肉 | 鶏肉 | ゼラチン | オレジン | キウイフルーツ | もも | りんご | バナナ | 山芋 | その他の魚介類 | その他の果実 | 全てのアレルギー  |                        |        |
|------|---------------|---|----|---|----|----|----|-------|-----|----|-------|----------|---------|----|-----|----|-----|----|----|----|----|----|------|------|---------|----|-----|-----|----|---------|--------|---|------------------------|--------|
| ラーメン | 中華めん ゆで       |   | ×  |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        | 小麦  |                        |        |
| 牛乳   | 牛乳 (学校給食)     |   |    | × |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        | 乳   |                        |        |
| 海鮮   | しょうまい         |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |   |                        |        |
|      | 海鮮しょうまい (パラ)  | △ | ×  | △ |    | ×  |    |       |     |    |       |          |         | ×  |     | ×  |     |    |    | △  | △  |    | ×    | △    |         |    |     |     |    | ×       |        | 小麦, えび, 大豆, いか, 鶏肉, イトヨリ, △卵, △乳, △さば, △牛肉, △ゼラチン, △りんご |                        |        |
| わかめ  | サラダ           |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |   |                        |        |
|      | キャベツ          |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |   |                        |        |
|      | きゅうり          |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |   |                        |        |
|      | 乾燥わかめ         |   |    |   |    |    | △  | △     |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |   | △えび, △かに               |        |
|      | 減塩和風ドレッシング    |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         | ×      |   | かつおぶしエキス、魚醤            |        |
| 担々   | 麺スープ          |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |   |                        |        |
|      | 豚ひき肉          |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |   |                        | 豚肉     |
|      | たまねぎ          |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |   |                        |        |
|      | にんじん          |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |   |                        |        |
|      | ブラックマッペもやし    |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |   |                        |        |
|      | チンゲンサイ        |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |   |                        |        |
|      | にら            |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |   |                        |        |
|      | ごま (すり・白)     |   |    |   |    |    |    |       |     | ×  |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |   |                        | ごま     |
|      | おろしにんにく       |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |   |                        |        |
|      | おろししょうが       |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |   |                        |        |
|      | 赤色辛みそ         |   |    |   |    |    |    |       |     |    |       |          |         |    | ×   |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |   |                        | 大豆     |
|      | こいくちしょうゆ      |   | ×  |   |    |    |    |       |     |    |       |          |         |    | ×   |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |   |                        | 小麦, 大豆 |
|      | 清酒 上撰         |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |   |                        |        |
|      | 鶏がらだし (丸鶏・顆粒) |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |   |                        | 鶏肉     |
|      | 中華スープの素       |   |    |   |    |    |    |       |     | ×  |       |          |         |    | ×   |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        | ×   | ごま, 大豆, 豚肉, 鶏肉, 魚醤パウダー |        |
|      | トウバンジャン       |   |    |   |    |    |    |       |     |    |       |          |         |    | ×   |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |   |                        | 大豆     |
|      | テンメンジャン       |   | ×  |   |    |    |    |       |     |    |       |          |         |    | ×   |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |   |                        | 小麦, 大豆 |
|      | 白こしょう         |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |   |                        |        |
|      | 片栗粉           |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |   |                        |        |
|      | なたね油          |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |   |                        |        |
|      | ごま油           |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |   |                        | ごま     |
| レモン  | ゼリー           |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |   |                        |        |
|      | レモンゼリー        |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |   | ×                      | レモン果汁  |

×：原材料として使用 △：コンタミネーション

アレルギー詳細献立表 (幼稚園)

令和 8年 7月13日(月)  
全てのアレルギー

調理場名：前橋市宮城共同調理場

| 料理名         | 材料名         | 卵 | 小麦 | 乳 | そば | えび | かに | ピーナッツ | くるみ | ごま | アーモンド | カシューナッツ | マカダミアナッツ | 大豆 | あわび | いか | いくら | さけ | さば | 牛肉 | 豚肉 | 鶏肉 | ゼラチン | オレンジ | キウイフルーツ | もも | りんご | バナナ | 山芋 | その他の魚介類 | その他の果実 | 全てのアレルギー |   |  |            |  |
|-------------|-------------|---|----|---|----|----|----|-------|-----|----|-------|---------|----------|----|-----|----|-----|----|----|----|----|----|------|------|---------|----|-----|-----|----|---------|--------|----------|---|--|------------|--|
| ごはん         | 白飯          |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |   |  |            |  |
| 牛乳          | 牛乳 (学校給食)   |   |    | × |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |   |  | 乳          |  |
| あじの磯辺フライ    | あじの磯辺フライ    |   | △  | × | △  |    | △  | △     |     |    | △     | △       |          |    | ×   |    | △   |    | △  | △  |    |    |      |      |         |    |     |     |    |         |        |          | × | 小麦, 大豆, あじ, △卵, △乳, △えび, △かに, △ごま, △アーモンド, △いか, △さけ, △さば |            |  |
|             | なたね油        |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |   |  |            |  |
| 切り干し大根のあえもの | きゅうり        |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |   |  |            |  |
|             | ブラックマッペもやし  |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |   |  |            |  |
|             | 切干しだいこん     |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |   |  |            |  |
|             | にんじん        |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |   |  |            |  |
|             | チョコレッドレッシング |   | ×  |   |    |    |    |       |     | ×  |       |         |          |    | ×   |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |   |  | 小麦, ごま, 大豆 |  |
| 肉じゃが        | 豚肉          |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |   |  | 豚肉         |  |
|             | じゃがいも       |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |   |  |            |  |
|             | にんじん        |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |   |  |            |  |
|             | たまねぎ        |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |   |  |            |  |
|             | いんげん (冷凍)   |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |   |  |            |  |
|             | しらたき        |   |    |   |    |    |    |       |     | △  |       |         |          | △  |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |   |  | △ごま, △大豆   |  |
|             | 三温糖         |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |   |  |            |  |
|             | 本みりん        |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |   |  |            |  |
|             | こいくちしょうゆ    |   | ×  |   |    |    |    |       |     |    |       |         |          |    | ×   |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |   |  | 小麦, 大豆     |  |
|             | 顆粒和風だし      |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |   | ×  | かつおぶし      |  |
|             | なたね油        |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |   |  |            |  |

×：原材料として使用 △：コンタミネーション

アレルギー詳細献立表 (幼稚園)

令和 8年 7月14日(火)  
全てのアレルギー

調理場名：前橋市宮城共同調理場

| 料理名  | 材料名              | 卵 | 小麦 | 乳 | そば | えび | かに | ピーナッツ | くるみ | ごま | アーモンド | カシューナッツ | マカダミアナッツ | 大豆 | あわび | いか | いくら | さけ | さば | 牛肉 | 豚肉 | 鶏肉 | ゼラチン | オレンジ | キウイフルーツ | もも | りんご | バナナ | 山芋 | その他の魚介類 | その他の果実 | 全てのアレルギー  |                             |   |
|------|------------------|---|----|---|----|----|----|-------|-----|----|-------|---------|----------|----|-----|----|-----|----|----|----|----|----|------|------|---------|----|-----|-----|----|---------|--------|-----------|-----------------------------|---|
| 背割り  | コッペパン            |   |    | × | ×  |    |    |       |     |    |       |         |          | ×  |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        | 小麦, 乳, 大豆 |                             |   |
| 牛乳   | 牛乳 (学校給食)        |   |    | × |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        | 乳         |                             |   |
| スラッ  | ビージョー            |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        | 豚肉        |                             |   |
|      | 豚ひき肉             |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    | ×  |      |      |         |    |     |     |    |         |        | 豚肉        |                             |   |
|      | 乾燥大豆ミンチ          |   |    |   |    |    |    |       |     |    |       |         |          | ×  |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        | 大豆        |                             |   |
|      | たまねぎ             |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |           |                             |   |
|      | にんじん             |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |           |                             |   |
|      | トマトケチャップ         |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |           |                             |   |
|      | トマトピューレー         |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |           |                             |   |
|      | ウスターソース          |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |           |                             |   |
|      | 野菜ブイヨン           |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |           |                             |   |
|      | 三温糖              |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |           |                             |   |
|      | 食塩               |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |           |                             |   |
|      | 白こしょう            |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |           |                             |   |
|      | 赤ワイン             |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |           | ×                           | ぶどう、エルダーベリー   |
|      | おろしにんにく          |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |           |                             |   |
|      | ハヤシルウ (SB)       |   | ×  | × |    |    |    |       |     |    |       |         |          | ×  |     |    |     |    |    |    |    |    |      |      |         |    |     | ×   | ×  |         |        |           | 小麦, 乳, 大豆, 豚肉, 鶏肉, りんご, バナナ |   |
|      | なたね油             |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |           |                             |   |
| カラフル | サラダ              |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |           |                             |   |
|      | きゅうり             |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |           |                             |   |
|      | キャベツ             |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |           |                             |   |
|      | 赤ピーマン            |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |           |                             |   |
|      | スイートコーン 冷凍 カーネル  |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |           |                             |   |
|      | イタリアンドレッシング      |   |    |   |    |    |    |       |     |    |       |         |          | ×  |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |           | ×                           | 大豆, アンチョビソース  |
| かぼち  | ゃのスー             |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |           |                             |   |
|      | カットかぼちゃ          |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |           |                             |   |
|      | かぼちゃペースト         |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |           |                             |   |
|      | たまねぎ             |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |           |                             |   |
|      | じゃがいも            |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |           |                             |   |
|      | ベーコン ショルダー       |   | △  | △ | ×  |    | △  |       |     |    | △     | △       |          | ×  |     | △  |     | △  | △  | △  | △  | ×  | △    |      |         |    |     |     |    |         |        |           |                             | 乳, 大豆, 豚肉, △卵, △小麦, △えび, △ごま, △アーモンド, △いか, △さけ, △さば, △牛肉, △鶏肉 |
|      | 普通牛乳             |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |           |                             | 乳   |
|      | コーンスープ           |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |           |                             | 小麦, 乳, 鶏肉, 魚醤パウダー   |
|      | ベシヤメルソース (Ca・Fe) |   |    |   |    |    |    |       |     |    |       |         |          | ×  |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |           |                             | 小麦, 乳, 大豆, ほたてエキス, 貝カルシウム                                     |
|      | 野菜ブイヨン           |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |           |                             |   |
|      | 食塩               |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |           |                             |   |
|      | 白こしょう            |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |           |                             |   |
|      | なたね油             |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |           |                             |   |

×：原材料として使用 △：コンタミネーション

アレルギー詳細献立表 (幼稚園)

令和 8年 7月15日(水)  
 全てのアレルギー

調理場名：前橋市宮城共同調理場

| 料理名   | 材料名           | 卵 | 小麦 | 乳 | そば | えび | かに | ピーナツ | くるみ | ごま | アーモンド | マカダミアナツツ | カシューナツツ | 大豆 | あわび | いか | いくら | さけ | さば | 牛肉 | 豚肉 | 鶏肉 | ゼラチン | オレジン | キウイフルーツ | もも | りんご | バナナ | 山芋 | その他の魚介類 | その他の果実 | 全てのアレルギー |   |                              |      |              |
|-------|---------------|---|----|---|----|----|----|------|-----|----|-------|----------|---------|----|-----|----|-----|----|----|----|----|----|------|------|---------|----|-----|-----|----|---------|--------|----------|---|------------------------------|------|--------------|
| 麦ごはん  | 無圧ペン麦ご飯(炊き込み) |   |    |   |    |    |    |      |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |   |                              |      |              |
| 牛乳    | 牛乳(学校給食)      |   |    | × |    |    |    |      |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |   | 乳                            |      |              |
| まえばし  | 小麦豚夏野菜カレー     |   |    |   |    |    |    |      |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |   |                              |      |              |
|       | 豚肉            |   |    |   |    |    |    |      |     |    |       |          |         |    |     |    |     |    |    |    |    |    | ×    |      |         |    |     |     |    |         |        |          |   | 豚肉                           |      |              |
|       | なす            |   |    |   |    |    |    |      |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |   |                              |      |              |
|       | ズッキーニ         |   |    |   |    |    |    |      |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |   |                              |      |              |
|       | たまねぎ          |   |    |   |    |    |    |      |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |   |                              |      |              |
|       | にんじん          |   |    |   |    |    |    |      |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |   |                              |      |              |
|       | じゃがいも         |   |    |   |    |    |    |      |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |   |                              |      |              |
|       | カットかぼちゃ       |   |    |   |    |    |    |      |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |   |                              |      |              |
|       | おろししょうが       |   |    |   |    |    |    |      |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |   |                              |      |              |
|       | みじん切りにんにく     |   |    |   |    |    |    |      |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |   |                              |      |              |
|       | カレールウ(SB甘口)   |   | ×  | × |    |    |    |      |     |    |       |          |         | ×  |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |   | 小麦, 乳, 大豆, 豚肉, 鶏肉, 山芋        |      |              |
|       | カレールウ(SB中辛)   |   | ×  | × |    |    |    |      |     |    |       |          |         | ×  |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |   | 小麦, 乳, 大豆, 豚肉, 鶏肉, 山芋        |      |              |
|       | カレールウ(T0)     |   | ×  |   |    |    |    |      |     |    |       |          |         | △  |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |   | 小麦, △大豆, △豚肉, △鶏肉            |      |              |
|       | カットホールトマト     |   |    |   |    |    |    |      |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |   | △もも                          |      |              |
|       | ウスターソース       |   |    |   |    |    |    |      |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    | △   |     |    |         |        |          |   |                              |      |              |
|       | オリーブ油         |   |    |   |    |    |    |      |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |   | ×                            | オリーブ |              |
| オムレツ  | プレーンオムレツ      |   | ×  | × | △  |    |    |      |     |    |       |          |         | ×  |     |    |     |    |    |    | ×  |    |      |      | △       |    |     |     |    |         |        |          | × | 卵, 小麦, 大豆, さば, かつお節, △乳, △鶏肉 |      |              |
| マスカット | ゼリーフルーツあえ     |   |    |   |    |    |    |      |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |   |                              |      |              |
|       | もも缶詰 果肉 黄肉種   |   |    |   |    |    |    |      |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         | ×  |     |     |    |         |        |          |   |                              | もも   |              |
|       | パインアップル缶詰     |   |    |   |    |    |    |      |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |   |                              | ×    | パインアップル      |
|       | カットゼリー(マスカット) |   |    |   |    |    |    |      |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     | ×   |    |         |        |          |   |                              | ×    | りんご, マスカット果汁 |

×：原材料として使用 △：コンタミネーション

アレルギー詳細献立表 (幼稚園)

令和 8年 7月16日(木)

調理場名：前橋市宮城共同調理場

全てのアレルギー

| 料理名  | 材料名           | 卵 | 小麦 | 乳 | そば | えび | かに | ピーナッツ | くるみ | ごま | アーモンド | マカダミアナッツ | カシューナッツ | 大豆 | あわび | いか | いくら | さけ | さば | 牛肉 | 豚肉 | 鶏肉 | ゼラチン | オレンジ | キウイフルーツ | もも | りんご | バナナ | 山芋 | その他の魚介類 | その他の果実 | 全てのアレルギー |  |            |   |
|------|---------------|---|----|---|----|----|----|-------|-----|----|-------|----------|---------|----|-----|----|-----|----|----|----|----|----|------|------|---------|----|-----|-----|----|---------|--------|----------|--|------------|---|
| ごはん  | 白飯            |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |            |   |
| 牛乳   | 牛乳 (学校給食)     |   |    | × |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  | 乳          |   |
| 厚揚げ  | 麻婆            |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |            |   |
|      | 豚ひき肉          |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    | ×    |      |         |    |     |     |    |         |        |          |  | 豚肉         |   |
|      | 生揚げ (ミニ)      |   |    |   |    |    |    |       |     |    |       |          | ×       |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  | 大豆         |   |
|      | たけのこ水煮 (短冊)   |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |            |   |
|      | 赤ピーマン         |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |            |   |
|      | たまねぎ          |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |            |   |
|      | 根深ねぎ          |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |            |   |
|      | 赤色辛みそ         |   |    |   |    |    |    |       |     |    |       |          |         |    | ×   |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  | 大豆         |   |
|      | 上白糖           |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |            |   |
|      | トウバンジャン       |   |    |   |    |    |    |       |     |    |       |          |         |    | ×   |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  | 大豆         |   |
|      | こいくちしょうゆ      |   | ×  |   |    |    |    |       |     |    |       |          |         |    | ×   |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  | 小麦, 大豆     |   |
|      | 片栗粉           |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |            |   |
|      | おろししょうが       |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |            |   |
|      | みじん切りにんにく     |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |            |   |
|      | 鶏がらだし (丸鶏・顆粒) |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      | ×    |         |    |     |     |    |         |        |          |  | 鶏肉         |   |
|      | ごま油           |   |    |   |    |    |    |       |     | ×  |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  | ごま         |   |
|      | なたね油          |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |            |   |
| うま塩  | もやし           |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |            |   |
|      | ブラックマッペもやし    |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |            |   |
|      | きゅうり          |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |            |   |
|      | 塩ごまドレッシング     |   |    |   |    |    |    |       |     |    | ×     |          |         |    |     |    |     |    |    |    |    |    |      | ×    |         |    |     |     |    |         |        |          |  |            | ごま, 鶏肉  |
| ワンタン | スープ (肉入り)     |   | ×  |   |    |    |    |       |     |    |       |          | ×       |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  | 小麦, 大豆, 豚肉 |   |
|      | ワンタン (肉入り)    |   | ×  |   |    |    |    |       |     |    |       |          | ×       |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |            |   |
|      | キャベツ          |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |            |   |
|      | にんじん          |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |            |   |
|      | たまねぎ          |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |            |   |
|      | チンゲンサイ        |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |            |   |
|      | 干しいたけ         |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |            |   |
|      | なると           |   |    |   |    |    |    | △     | △   |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  | ×          | すけそうだら、いとより、△えび、△かに   |
|      | 鶏がらだし (丸鶏・顆粒) |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |            | 鶏肉  |
|      | こいくちしょうゆ      |   | ×  |   |    |    |    |       |     |    |       |          |         |    | ×   |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |            | 小麦, 大豆  |
|      | 白こしょう         |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |            |   |
| アセロ  | ラミニゼリー        |   |    |   |    |    |    |       |     |    |       |          |         |    |     |    |     |    |    |    |    |    |      |      |         |    |     |     |    |         |        |          |  |            |   |
|      | アセロラミニゼリー     |   | △  | △ |    |    |    |       |     |    |       |          |         |    | △   |    |     |    |    |    |    |    |      |      | △       | △  | △   | △   | △  |         |        |          |  | ×          | アセロラ果汁, △卵, △乳, △大豆, △牛肉, △豚肉, △鶏肉, △ゼラチン, △オレンジ, △もも, △りんご, △バナナ |

×：原材料として使用 △：コンタミネーション

アレルギー詳細献立表 (幼稚園)

令和 8年 7月17日(金)

調理場名：前橋市宮城共同調理場

全てのアレルギー

| 料理名        | 材料名       | 卵 | 小麦 | 乳 | そば | えび | かに | ピーナッツ | くるみ | ごま | アーモンド | カシューナッツ | マカダミアナッツ | 大豆 | あわび | いか | いくら | さけ | さば | 牛肉 | 豚肉 | 鶏肉 | ゼラチン | オレジン | キウイフルーツ | りんご | バナナ | 山芋 | その他の魚介類 | その他の果実                 | 全てのアレルギー                                  |
|------------|-----------|---|----|---|----|----|----|-------|-----|----|-------|---------|----------|----|-----|----|-----|----|----|----|----|----|------|------|---------|-----|-----|----|---------|------------------------|---|
| ごはん        | 白飯        |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |     |     |    |         |                        |   |
| ふりかけ (備蓄品) | ふりかけ おかか  |   |    |   |    | △  | △  |       |     |    |       |         |          |    |     |    |     |    | △  |    |    |    |      |      |         |     |     |    |         | ×                      | かつお節、貝カルシウム、△えび、△かに、△さけ                   |
| 牛乳         | 牛乳 (学校給食) |   |    | × |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |     |     |    |         |                        | 乳   |
| さばのスタミナ焼き  | さばのスタミナ焼き |   | ×  | △ |    |    |    |       |     | △  |       |         |          | ×  |     | △  |     |    | △  | ×  |    | △  | △    | ×    |         |     |     |    |         | △                      | 小麦、大豆、さば、ゼラチン、△乳、△ごま、△いか、△さけ、△豚肉、△鶏肉、△りんご |
| ひじききんぴら    | ごぼう       |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |     |     |    |         |                        |   |
|            | にんじん      |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |     |     |    |         |                        |   |
|            | さつま揚げ     |   |    |   |    | △  | △  |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |     |     |    | ×       | すけとうだら、いとより、えそ、△えび、△かに |   |
|            | ほしひじき     |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |     |     |    |         |                        |   |
|            | 干しいたけ     |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |     |     |    |         |                        |   |
|            | ごま (いり・白) |   |    |   |    |    |    |       |     | ×  |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |     |     |    |         |                        | ごま  |
|            | こいくちしょうゆ  |   | ×  |   |    |    |    |       |     |    |       |         |          | ×  |     |    |     |    |    |    |    |    |      |      |         |     |     |    |         |                        | 小麦、大豆                                     |
|            | 三温糖       |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |     |     |    |         |                        |   |
|            | 本みりん      |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |     |     |    |         |                        |   |
|            | なたね油      |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |     |     |    |         |                        |   |
| 夏野菜        | 豚汁        |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |     |     |    |         |                        |   |
|            | とうがん      |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |     |     |    |         |                        |   |
|            | 冷凍とうふ (鉄) |   |    |   |    |    |    |       |     |    |       |         |          | ×  |     |    |     |    |    |    |    |    |      |      |         |     |     |    |         |                        | 大豆  |
|            | 豚肉        |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    | ×  |      |      |         |     |     |    |         |                        | 豚肉  |
|            | にんじん      |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |     |     |    |         |                        |   |
|            | たまねぎ      |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |     |     |    |         |                        |   |
|            | じゃがいも     |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |     |     |    |         |                        |   |
|            | ズッキーニ     |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |     |     |    |         |                        |   |
|            | 赤色辛みそ     |   |    |   |    |    |    |       |     |    |       |         |          | ×  |     |    |     |    |    |    |    |    |      |      |         |     |     |    |         |                        | 大豆  |
|            | 淡色辛みそ     |   |    |   |    |    |    |       |     |    |       |         |          | ×  |     |    |     |    |    |    |    |    |      |      |         |     |     |    |         |                        | 大豆  |
|            | 顆粒和風だし    |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |     |     |    | ×       | かつおぶし                  |   |
|            | なたね油      |   |    |   |    |    |    |       |     |    |       |         |          |    |     |    |     |    |    |    |    |    |      |      |         |     |     |    |         |                        |   |

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